

# PB Assist+®

## ProBiome Gut Complex

dōTERRA®  
Product Information Page



**PB Assist+®** | ProBiome Gut Complex  
Strawberry Melon with other natural flavors  
Formulated for the Whole Family

30 Sachets | Net wt 60 g  
Serving size 1 Sachet

**60225556**

## Primary Benefits

- + Supports healthy function of the digestive and immune systems at any age\*
- + Helps support optimal metabolism and absorption of nutrients\*
- + Combines 13 probiotic strains and the prebiotic fiber of fructooligosaccharides (FOS) for healthy gut colonization\*
- + Provides microencapsulated probiotic strains to support efficient delivery to the lower GI tract\*

## Description

The gastrointestinal (GI) tract is responsible for digesting and absorbing nutrients from food, while also eliminating waste from the body. A wide variety of microbes are needed to process food and to produce important chemicals that assist the immune systems, and other bodily functions. A balanced diet is key to a healthy gut microbiome that is resilient and adapts quickly to changing circumstances. Additional support for the gut microbiome can come from supplementation.

Formulated for use by every member of the family, PB Assist+ ProBiome Gut Complex provides a unique blend of diverse genus, species, and strains of pre- and probiotics. This great tasting strawberry melon flavored powder should be taken daily. PB Assist+ combines 13 probiotic strains, and 1 prebiotic fiber of fructooligosaccharides (FOS) for healthy gut colonization. The live cultures in PB Assist+ are microencapsulated, which means they have a protective covering that allows them to survive the harsh, acidic environment of the stomach so they can reach the gut alive where the pH is just right for them to flourish. PB Assist+ delivers 7 billion AFUs† (live cells) in active probiotic cultures as well as soluble prebiotic FOS to encourage friendly bacterial growth. Together they provide gut important microbiome support.\*

†AFU stands for Active Fluorescent Units. This unit of measure comes from a modern, sophisticated flow cytometry test method for the precise enumeration of live cells.

## Directions

Take one sachet a day. Don't mix with hot beverages. Pour the contents of the sachet directly into your mouth or mix with 4 ounces of water, juice, or your preferred cool beverage and drink immediately. The contents can also be mixed with cold foods such as yogurt, smoothies, or breakfast cereal. Store in a cool, dry place.

## Cautions

Observe children when using this product. If pregnant, nursing, diabetic, or under a doctor's care, consult your physician.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Sachet  
Servings Per Container 30

Amount Per Serving	% DV
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PB Assist+ ProBiome Complex: 220 mg  
(7 Billion AFU Live Cells)\*

Prebiotic: Fructooligosaccharides
Probiotics:
<i>Bifidobacterium lactis</i> BS01
<i>Lactobacillus rhamnosus</i> GG
<i>Lactobacillus rhamnosus</i> LR06
<i>Lactobacillus plantarum</i> LP01
<i>Lactobacillus plantarum</i> LP02
<i>Bifidobacterium breve</i> BR03
<i>Lactobacillus rhamnosus</i> LR04
<i>Bifidobacterium longum</i> 04
<i>Bifidobacterium breve</i> B632
<i>Bifidobacterium lactis</i> BS05
<i>Streptococcus thermophilus</i> FP4
<i>Lactobacillus reuteri</i> LRE02
<i>Lactobacillus salivarius</i> subsp. <i>salivarius</i> CRL1328

\*Daily Value not established.

**Other Ingredients:** Xylitol, Citric Acid,  
Gum Arabic, Glycerin Fatty Acids,  
Silicon Dioxide, Natural Flavors